Nicholas House Newsletter

August 2024

Issue 43

HISTORY

We've been looking back in time and have discovered this great picture of what was here before Nicholas House.

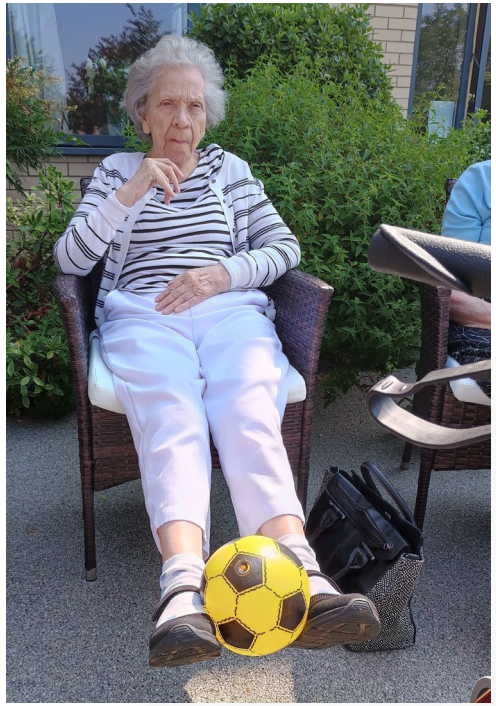
We're still next to the farm and love it when the cows come to visit over the fence!



SEATED EXERCISE

We know how important it is to stay active as we get older, and we're thrilled to have our amazing physio team visit us every week for a fun and energising seated exercise class! 🎉 Our residents love joining in, staying fit, and having a great time while keeping those muscles moving. It's a fantastic way to stay healthy and feel great! 🙌













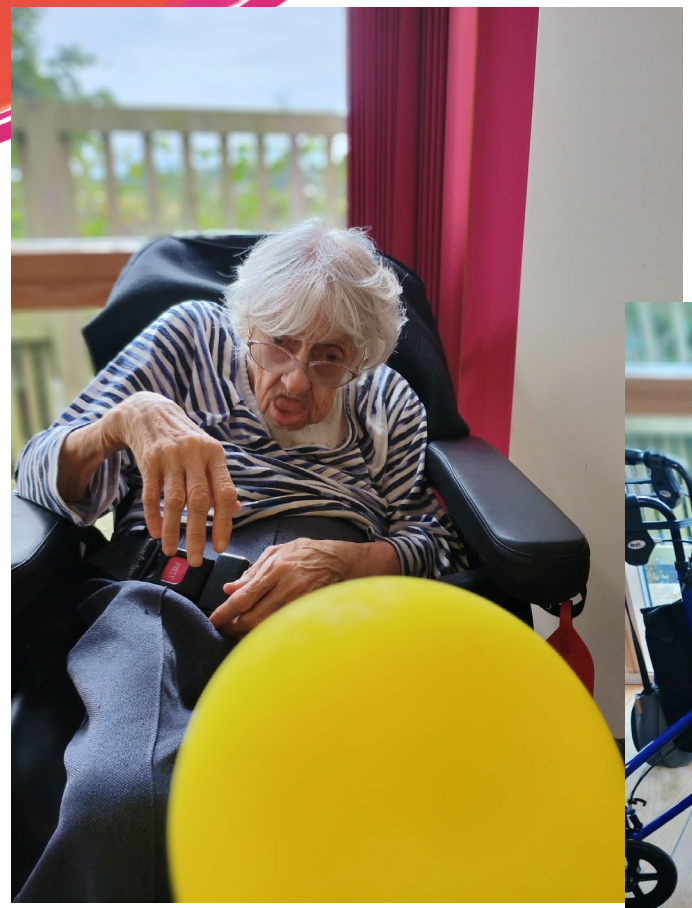


MABEL OUR THERAPY DOG

🐾 Mabel, our beloved visiting therapy dog, brings pure joy and comfort to everyone at Nicholas House with her warm cuddles and wagging tail. Her visits never fail to brighten our days, filling the home with love and happiness. ❤️🐶

Abbeyfield
Making time for older people
Maidenhead
Making time for older people

PHOTO GALLERY









HAPPY BIRTHDAY JEAN

Jean celebrating her Birthday with her two lovely Daughters. WOW that Cake looks fantastic!
(homemade by our Chefs)





FLOWER ARRANGING









DOMINOES

Dominoes originated in China in the 1300's. The word " Domino" comes from the French Word for a priests white and black winter hood.



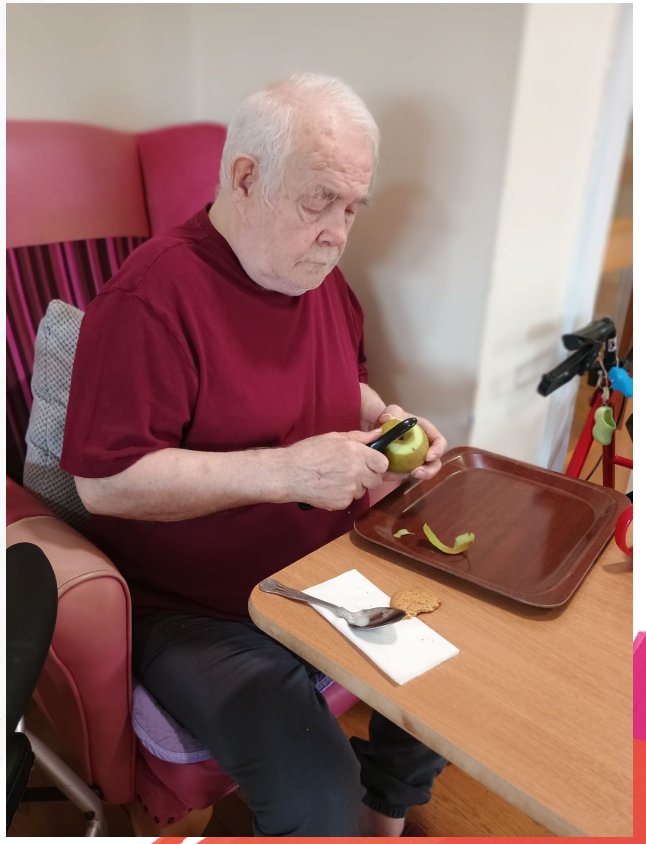


APPLE PEALING: HAND & EYE CO-ORDINATION

Apple Crumble was probably invented in the 1940's as an alternative to traditional apple pie. Because of the war, it was harder to get the ingredients for pastry, so instead people made a little "crumble" from fat and flour and just sprinkled it on top of the stewed fruit.







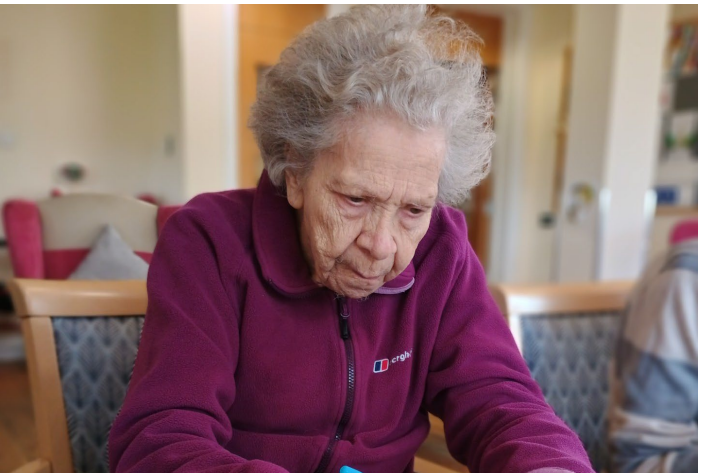












SEASIDE THEMES WITH PURPLE ROBIN

FUN DAYS OUT

A shopping trip to Maidenhead and lunch out in M&S Café





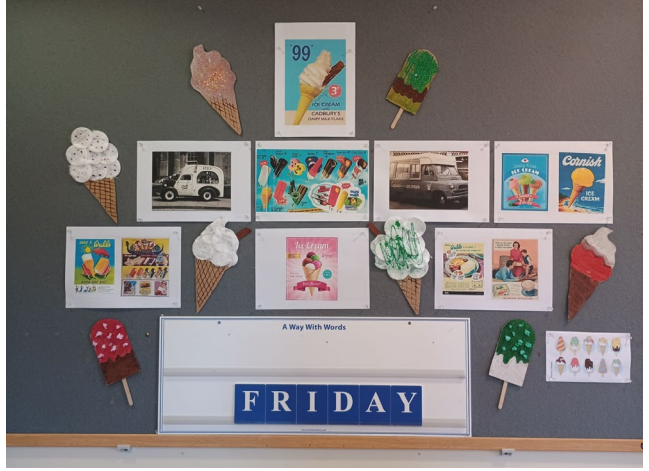
LAKESIDE CAFÉ COFFE & CAKE

















HISTORY OF ICE CREAM!

Ice Cream began as a delicacy reserved only for the extremely wealthy – first appearing in the UK in 1671 at a Windsor Castle banquet. But since then, ice creams has become a treat treasured by all.





ANYONE FOR HOT CHOCOLATE ?

- By the River Thames at the Hall & Woodhouse





CRAFTS WITH CREATIVE MOJO

Oh, I do like to be beside the seaside!

UPCOMING EVENTS

Making time for our residents is at the heart of everything we do. This promise means we have the time to share friendships, understand individual needs, interests and preferences; and make every day more fulfilling, so everyone feels valued, content, cared for and safe.

Here is a taste of some of the exciting activities and events we have planned over the next month:

- Singing for the Memory
- Physio Sessions
- Mable the Dog
- Summer Party BBQ
- Terry Gleed Entertainment
- Mikey and Sophie Entertainment
- Purple Robin
- Creative Mojo
- Other Outings in the community
- Stella And Doug's Birthday Celebrations

FEEDBACK & REQUESTS

Here at Nicholas House, we are constantly striving to provide the best possible care for your loved ones. If you have any questions, queries or suggestions please do feel free to contact us on the details below:

Nicholas House

147 Lent Rise Road

Burnham

SL1 7BN

01628 603 222

Activitiesnh@abbiefieldmaidenhead.org.uk

Review us on Carehome.co.uk

We would really appreciate your feedback to boost our listing on Carehome.co.uk and help others discover Nicholas House and the services we provide. Please click the following link to leave us a review:

www.carehome.co.uk/review-submit/80771

