



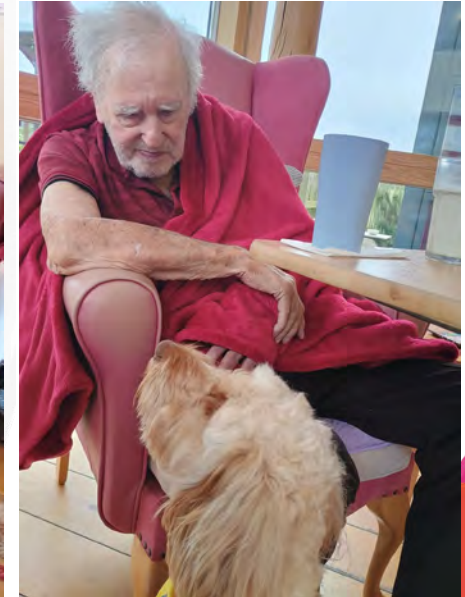
Nicholas House Newsletter

September 2024

Issue 44

PET THERAPY

- Mabel our Pet therapy dog came in to visit.
- She come in once a month to see our residents .
- She is Beautiful and will do anything for a treat
- Pet Therapy has many benefits which include. Mental Health, physical Health, Cognitive conditions.
- Deep Pressure is also a benefit, this is by putting weight on people like a comfort blanket



SKITTLES



Skittle are very good for our Resident's and can be adapted to a person's abilities, whether it's carried out standing or sitting. It can maintain and develop other skill related to hand eye coordination.



PHOTO GALLERY



Whilst out shopping Sheila meet an 8-week-old puppy, what a beauty!

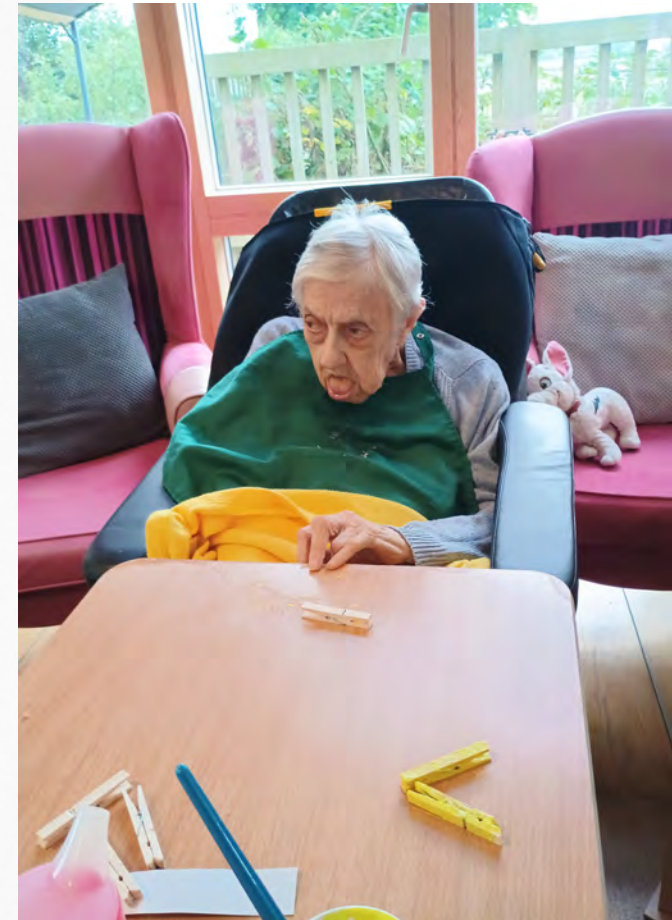


Selfie time with David

PHOTO GALLERY



CRAFT MORNING



Sunflower Craft: clothes pegs wreath: The wellbeing benefits of arts and crafts for adults has proven to help people cope with stress, boost self-esteem and it also teaches new skills.

THANK YOU



For attending our summer party, it was lovely to see so many faces. We had fun and hope you all did too?

Watch this space as we make plans for the Christmas Party...







CRAFT MORNING

Creative Mojo: an opportunity for everyone to spend a morning being creative regardless of ability and to then showcase the finished pieces.

SHOPPING TRIP AND A CHEEKY CUPPA!



Shopping and getting out in the communities can provide people with a purpose and reduce the risk of social isolation

ENTERTAINMENT: MIKEY AND SOPHIE



For older people, music can be a powerful way to trigger positive feelings and connect with others, its why we have a filled events programme of great visiting entertainers.

UPCOMING EVENTS

Making time for our residents is at the heart of everything we do. This promise means we have the time to share friendships, understand individual needs, interests and preferences; and make every day more fulfilling, so everyone feels valued, content, cared for and safe.

Here is a taste of some of the exciting activities and events we have planned over the next month:

- Sounds of the musicals Patio performance 3rd
- Dave mac entertainment 23rd
- Mable our therapy dog here on the 7th
- Purple robin
- Creative mojo
- Seated exercise
- Singing for the memory at Burnham Library
- Church service
- Wear it green , Mental health awareness day
- Other community outings

FEEDBACK & REQUESTS

Here at Nicholas House, we are constantly striving to provide the best possible care for your loved ones. If you have any questions, queries or suggestions please do feel free to contact us on the details below:

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Review us on Carehome.co.uk

We would really appreciate your feedback to boost our listing on Carehome.co.uk and help others discover Nicholas House and the services we provide. Please click the following link to leave us a review:

www.carehome.co.uk/review-submit/80771